

Kodiak™

Cold Plunge



The Restorative Power of Cold Plunge Therapy

For generations, we've believed in the transformative power of water to restore balance, energy, and connection. Cold plunge therapy continues that philosophy - awakening the body and mind through the invigorating contrast of cold, pure immersion.





Elevate your everyday performance

Revive and Recover

Soothe tired muscles and reduce inflammation naturally - helping your body recover, rebuild, and feel renewed.

Energise Circulation

Cold immersion awakens your cardiovascular system, boosting blood flow and oxygen delivery throughout the body.

Lift Your Mood

A natural surge of dopamine and endorphins leaves you feeling uplifted, clear-headed, and deeply alive.

Strengthen Mind and Body

Each plunge builds resilience - training your body to adapt and your mind to stay calm under pressure.

Fortify Your Defences

Regular cold exposure supports a stronger immune system, helping you stay balanced and well year-round.

Enhance Restful Sleep

Lower stress hormones and a cooled core body temperature promote deeper, more restorative sleep.

Ignite Your Metabolism

Activate brown fat and increase energy expenditure for a naturally boosted metabolism.

Sharpen Your Focus

Step out of the water with heightened clarity, alertness, and mental precision.

Calm Inflammation

Soothe the body from within - easing stiffness, joint pain, and post-exercise soreness.

Refresh Skin and Body

Cold immersion revitalises skin tone, tightens pores, and promotes a radiant, healthy glow.

The health benefits described are based on general research and user experiences and are not medical advice. Ice baths are not suitable for everyone. Please consult a healthcare professional before use, especially if you have underlying health conditions.



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Unleash the power of cold therapy with the Kodiak™ Cold Plunge, your ultimate tool for rapid muscle recovery, stress relief, and unparalleled wellness. Designed for those who want to fully embrace the transformative benefits of cold water immersion, the Kodiak delivers on performance with optimal cold immersion, top-tier craftsmanship, and effortless maintenance. Experience an efficient, game-changing way to refresh and revitalise both your mind, body and soul.



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Model

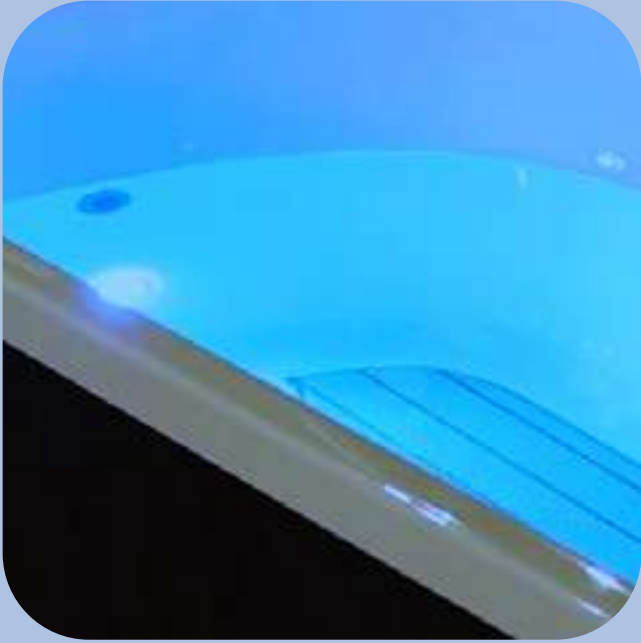
Kodiak™

Seats	Dimensions ¹	Electrical ²	Warranties**	
1	Outer 220x85x70cm	240 V	Frame 10yrs	Chiller 1yr
	Soaking area 155x71x58cm		Acrylic shell 10yrs	Water pump 1yr
Dry weight ³ 91kg	Average filled weight ³ 526 kg	Water capacity 435 litres	Cabinet 3yrs	Control panel 1yr
			PS skirt 3yrs	Cover 1yr

¹ All specifications are subject to change without notice. Kodiak dimensions are approximate and shown in L x W x H. The images are for layout reference; they do not reflect acrylic options. ² Not all electrical configurations are listed. ³ See Kodiak Dimension and Specification Handbook for detailed weight considerations for installation. It is recommended that this product is located under an awning or similar covering. **Warranty terms includes parts and labour. Warranty terms stated are for domestic use, commercial use is 1 years on all.

Multicolour LED Interior Light

Set the mood with customisable lighting that adds atmosphere to any session.



Interior



White

Exterior



Grey

In-line Pleated Filter

Helps keep your water clear with discreet, low-maintenance filtration.



Standard features

- 4 - 40°C temperature rang
- Immersive deep soak
- Insulated shell
- Lockable insulating cover
- Multicolour LED interior light
- In-line pleated filter
- Indoor or outdoor use*

Hydrotherapy

- Cools to 4°C
- Heats to 40°C
- Extra large soaking area
- Non-slip comfort mats

Craftsmanship

- Durable steel frame
- ABS base
- Tool-free removable panel
- Drain spout with shut-off valve
- 3 metre length of cable

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Kodiak™ Cold Plunge – soak in the cold

www.Jacuzzi.com

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